



We advise you that if you are currently taking medication, have any physical ailment or you are otherwise not in physical condition suitable for activity, it could be injurious to you. You should seek medical advice regarding these matters before participating in these programs.

THIS DOCUMENT IS A RELEASE OF CLAIMS AND BY SIGNING IT YOU:

1. Acknowledge that when performing exercise routines or engaging in similarly strenuous activity you may suffer injury.
2. Represent to Ryan Booth or his agent that you are in good health and physical condition and are not disabled, taking medication or suffering from a condition that would prevent you from engaging in such activities or make it potentially dangerous or harmful for you to engage in such activities.
3. ASSUME THE RISK OF AND HOLD RYAN BOOTH AND HIS AGENT HARMLESS FROM ANY LIABILITY FOR ANY PHYSICAL OR OTHER INJURY OR HARM SUFFERED BY YOU DURING OR AS A CONSEQUENCE OF PARTICIPATING IN SUCH PROGRAMS OR PERFORMING SUCH EXERCISE ROUTINES OR ENGAGING IN SUCH OTHER STRENUOUS PHYSICAL ACTIVITY, AND AGREE THAT RYAN BOOTH OR HIS AGENT SHALL NOT HAVE ANY LIABILITY OR RESPONSIBILITY FOR ANY SUCH INJURY OR HARM.

I have carefully read, understand, and as an inducement to Ryan Booth or his agent to allow me to participate in his programs, agree to the foregoing.

signature

signature of parent
or guardian

date